

01

02

03

04

05

06

07

08

09

10

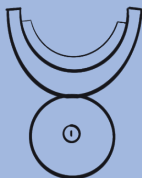
11

12

# Fabulshine<sup>+</sup>

## Fabulshine Teeth Whitening Kit User Manual

### INCLUDES:



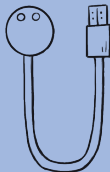
Teeth Whitening  
Accelerator



Syringe & Pen



Protective Case



Charging Cable

# How to Use:



## **Step 1: Brush Your Teeth.**

Rinse with warm water to keep your mouth comfortable.



Single-use 0.4ml



## **Step 2: Apply Whitening Gel.**

Squeeze up to 2 small dots of whitening gel onto the center of the mouth tray.



## **Step 3: Evenly Spread the Gel.**

Keep your teeth slightly moist. Use a cotton swab to pick up the gel already in the mouth tray and spread a thin, even layer onto your teeth. Do not squeeze out extra gel. Avoid gums to prevent irritation.

**Step 4: Wear the Mouth Tray and & Turn on LED .**

Hold the power button (1 sec) to turn on blue light (auto-off after 15 min).

-Immediately turn it back on, then tap the button once to activate both blue & red lights (auto-off after 10 min) .



**Step 5: Remove & Rinse.**

-Take out the mouth tray, rinse your mouth .

- clean the tray under running water.

not submersion.



**Step 6: Apply Remineralization Gel (Optional) & Avoid Eating/Drinking.**

- If desired, apply a thin layer of remineralization gel to teeth.

- Avoid eating or drinking for 30 minutes to maximize whitening results.



**Now, enjoy your fabulous, shining smile!**

For Maximizing Teeth Whitening Results  
Repeat daily for 10 days.

**How to Charging:**  
The device can be used twice per  
full charge, so recharge as needed.



**Having Issues with This Product?**

- LED not working properly?
- Product damaged or missing parts?
- Something else?

Email us at :

[support@fabulshine.com](mailto:support@fabulshine.com), and  
we'll resolve your issue ASAP!

Warranty:  
One Year  
Manufactured  
for:LAKII2 LLC  
Meridianville, AL  
35759, USA

14

15

16

17

18

19

20

21

22

23

24

25

## **1 、 Tips for Maximizing Teeth Whitening Results**

### **• Rinse with Warm Water Before Application**

Before applying the whitening gel, rinse your mouth with warm water. Using water slightly warmer than your mouth temperature can help activate the oxygen-releasing agents in the gel, enhancing the whitening process.

### **• Maintain Slight Moisture on Teeth**

Whitening gel works best when mixed with a small amount of moisture. Keeping your teeth slightly damp ensures optimal activation of the gel.

### **• Avoid Swallowing Saliva During Whitening**

Excess saliva can dilute the whitening gel, reducing its effectiveness. If saliva builds up, spit it out rather than swallowing it to maintain the gel's full potency.

### **• Ensure Even and Direct Application**

Use a cotton swab to spread a thin, even layer of whitening gel across your teeth, making sure it fully contacts the enamel. Avoid applying it to the gums to prevent irritation.

### **• Limit Certain Foods and Drinks After Whitening**

For at least one hour after whitening, avoid dark-colored beverages like coffee, red wine, tea, and carbonated drinks, as well as acidic foods such as lemons, oranges, and vinegar. These can stain or weaken the newly whitened enamel.

### **• Apply a Remineralizing Gel for Stronger Teeth**

Finishing with a remineralizing gel can help reinforce enamel, making your teeth stronger and healthier after the whitening treatment.

## **2 、 How the Whitening Gel Works**

Fabulshine's whitening gel is made in the USA to tackle stains from common foods and drinks. Activated by LED light, it releases oxygen free radicals in 5 minutes, breaking down stains.

These tiny molecules penetrate deep into the dentin, removing tough discoloration without harming enamel, restoring your teeth's natural whiteness.

## **3、 How Blue and Red Light Help in Whitening**

**460nm Blue Light – Speeds Up Whitening**

Activates the gel, releasing oxygen radicals ( $O_2$  and  $OH$  ) that break down stains faster for quicker, more effective whitening.

**620nm Red Light – Supports Gum Health**

Improves blood flow, reduces gum inflammation, and helps with tooth sensitivity, making whitening gentler and more comfortable.



#### **4 、 Why Use Remineralizing Gel After Whitening?**

Not Needed for Non-Sensitive Teeth – If your teeth feel fine, you can skip it.

Great for Sensitive Teeth – Helps restore minerals, strengthen enamel, and reduce discomfort from hot, cold, or acidic foods.

Keeps Teeth Smooth & Stain-Free – Protects against stains from coffee, tea, and red wine, keeping your whitening results longer.

#### **5 、 How Often to Use Whitening Gel**

For Deep Stains (10+ Years Old) – Use daily for up to 14 days. If continuing beyond 2 weeks, consult a dentist.

For Maintenance or Moderate Whitening – Use 1 to 3 times per week to keep teeth bright.

For Sensitive Teeth – Use once a week and apply remineralizing gel to reduce discomfort.

#### **6 、 Warnings:**

- For external use only.
- Do not swallow. Avoid contact with gums and lips.
- Not recommended for children under 12, pregnant, or nursing women.
- If irritation occurs, discontinue use and consult a dentist.
- Keep out of reach of children.
- This product contains Hydrogen Peroxide, a chemical known to the State of California to cause cancer. For more information, visit [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov).

# TECHNICAL SPECIFICATION

Blue wavelength	16× Approx. 460nm ± 10nm
Red wavelength	16× Approx. 620nm ± 10nm
Input/Output	DC5V1A/3.7V 1.5W Max
Main material	ABS/TPR
Waterproof Rating	IPX6
Button Function	Hold the button (1 sec) → Blue light ON Tap the button while blue light is on → Blue & red lights ON Tap the button again when both lights are on → Both lights OFF
Timer Function:	Blue Light Mode → Auto-off after 15 minutes Blue & Red Light Mode → Auto-off after 10 minutes
Low Battery & Charging Indicators:	Low Battery: Hold the switch button → Red light flashes 5 times Charging: Switch button light blinks slowly Fully Charged: Switch button light stays on
Battery Information	Lithium battery 300mAh , Usage Time: 50 minutes per full charge Charging Time: 2 hours
Ingredients:	Whitening Gel: CARBAMIDE PEROXIDE (35%), GLYCERIN, PROPYLENE GLYCOL, D-LIMONENE, CARBOMER, TRIETHANOLAMINE. Remineralization Gel: PROPYLENE GLYCOL, GLYCERIN, AQUA, HYDROXYAPATITE (10%), POTASSIUM NITRATE (4%), CARBOMER, CELLULOSE GUM, PVP, MENTHOL, SODIUM HYDROXIDE.
Storage	Store in a cool, dry place, away from direct sunlight.